

Make your own **NATURE JOURNAL** using just one piece of paper!



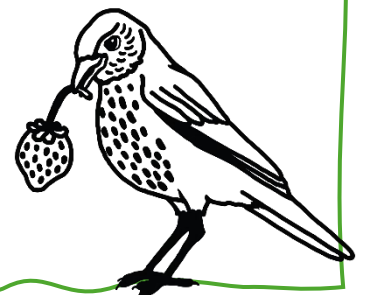
We love to watch the seasons change at Kelmscott Manor and to record all the nature we see around us.

Here we'll show you how to make a nature journal out of a single piece of paper!

Let's get started! When you're done, you can take your journal out and about with you and notice nature wherever you go!

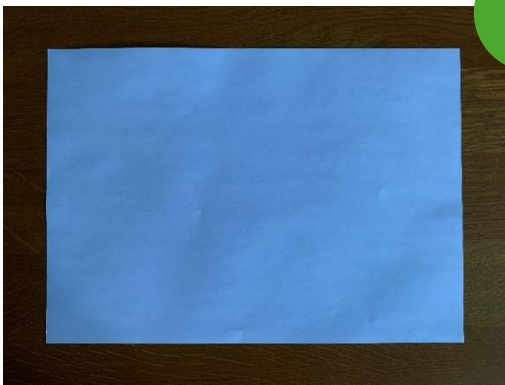
You will need:

- 1 piece of paper, any size. We made our Nature Journals using A3 sketchbook paper, but it doesn't matter what you use – just remember, the smaller the piece of paper, the smaller the journal you will make.
- A pair of scissors. (Be careful and ask for help if you need it)
- A pencil or a pen.
- Art materials to decorate and fill your journal. You could use:
 - Colouring pencils
 - Felt tip pens
 - Scraps of paper or photographs (and glue)
 - Watercolour paints
 - Stamps

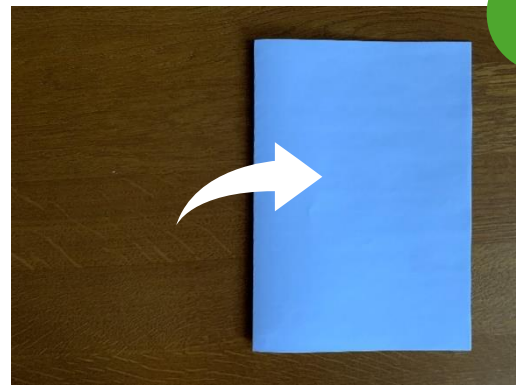


PART 1: Make your Journal

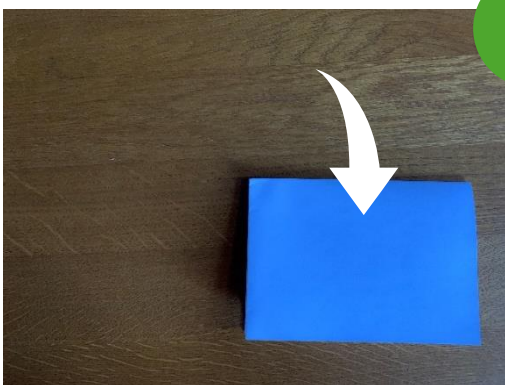
Step 1: Start with a blank piece of paper.



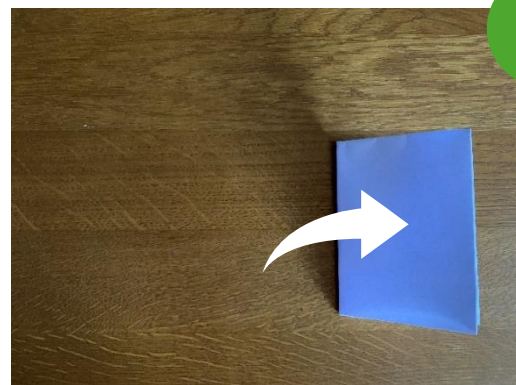
Step 2: Fold your piece of paper in half. (You will fold it three times. Each time make your fold from the short edge to the short edge)



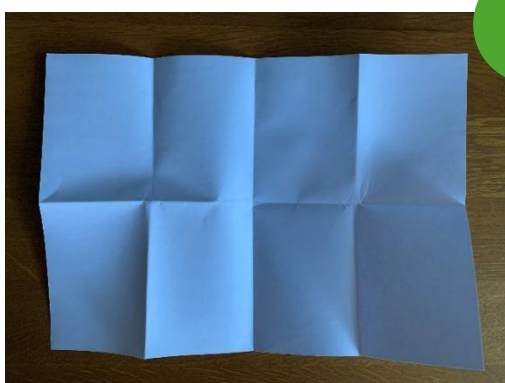
Step 3: Fold your piece of paper in half again.



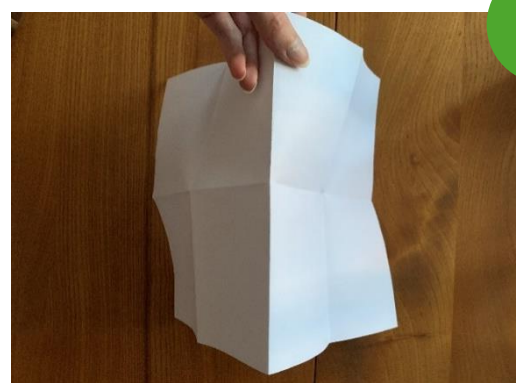
Step 4: Fold your piece of paper in half again.



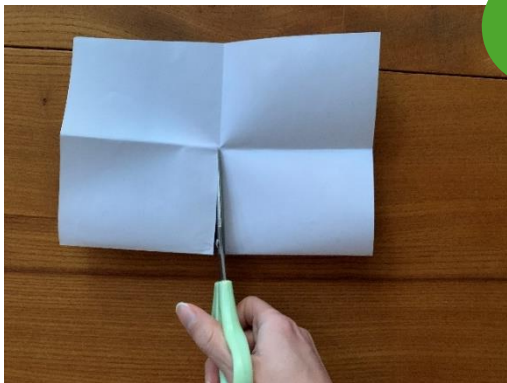
Step 5: Unfold your piece of paper. Your paper should be split into 8 equal parts.



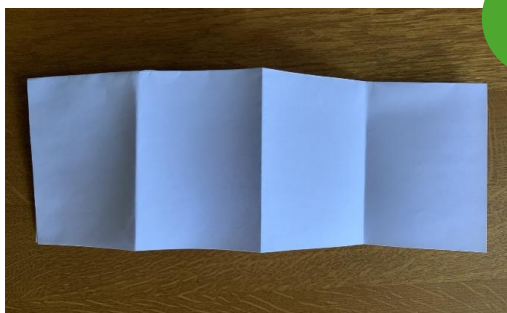
Step 6: Refold your piece of paper in half again down the centre fold – from short edge to short edge.



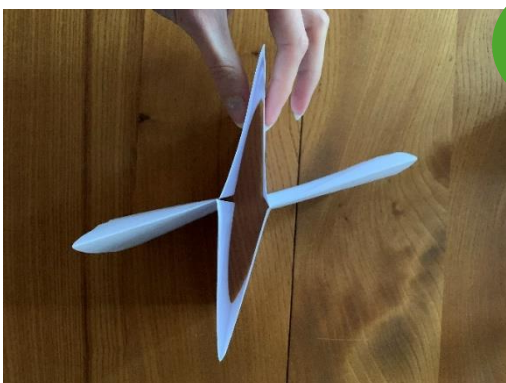
Step 7: Use a pair of scissors to cut a slit in your folded piece of paper from the **folded edge** of the paper into the middle where your folded lines meet.



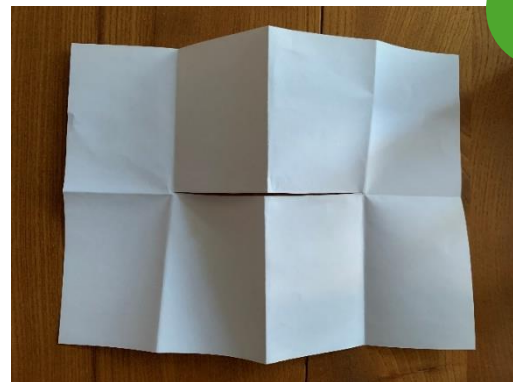
Step 9: Fold your piece of paper in half – this time from the long edge to the long edge.



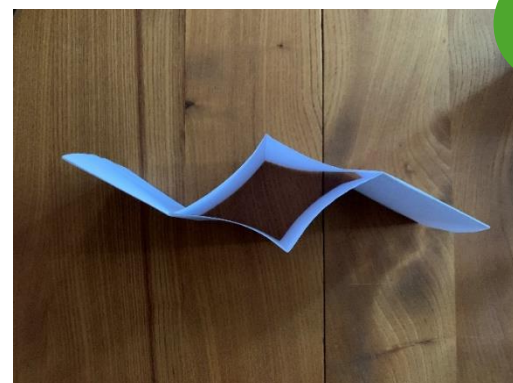
Step 10: Take hold of the folded edges on either side of the split and gently pull them away from the middle. This should make a cross shape and will form all the pages of your book.



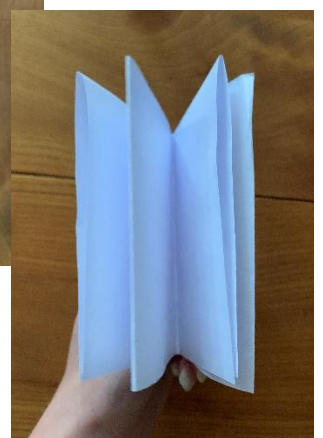
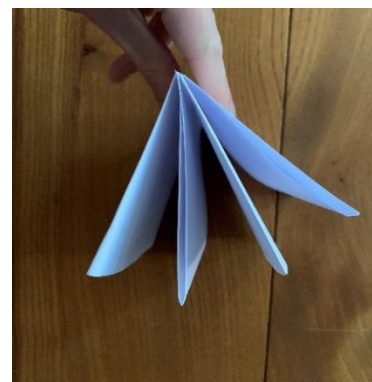
Step 8: Unfold your piece of paper. You should see a slit in the centre of the paper.



Step 10: Stand your folded piece of paper up.



Step 11: Fold all your pages together along one edge. Now you have the base for your journal!



PART 2: Decorate



Your little book needs a front cover!

Use your art materials to design the front of your nature journal. You might want to give it a title – like ‘My Nature Diary’. Or choose some beautiful words about nature – like these ones from William Morris:

‘Wherever nature works, there will be beauty.’



PART 3: Fill your Journal

You could structure each page with sections to record what day it is, where you are, and what you've seen.

Like this:

- Date:
- Location:
- Notes:



Or you could give each page to a specific flower or bird that you've spotted in your garden or on a walk. Like we've done here.

Once you've chosen how to set up your pages, start filling them up!

Let your journal help you notice nature wherever you are!

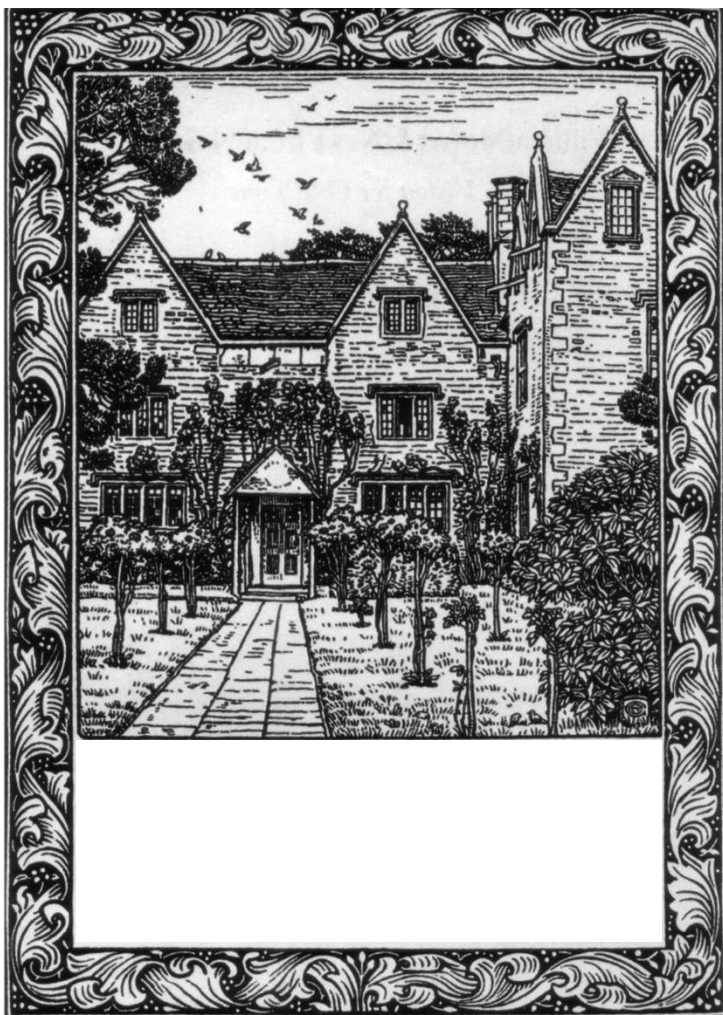


Share what you create with us by taking a photo and tagging us on social media @KelmScottManor

Printables Page!

Print off this page and cut out the designs to add an extra Kelmscott Manor inspired touch to your journal.

The designs are most suitable for a journal made using an A3 piece of paper.



inter



pring



ummer



utumn

‘Spring am I, too soft of heart
Much to speak ere I depart;
Ask the summer-tide to prove
The abundance of my love.’

William Morris

‘Wherever nature works,
there will be beauty.’

William Morris